Youth Veteran Words of Advice

**1. Come with a positive attitude** – We’re all in it together during the Retreat week so it’s more fun when we all stay positive.

**2. Bring proper attire** – There’s a formal banquet (pants, collared shirts, and ties for guys – dresses or pant suits for the ladies – remember to keep it classy), swimming pool (appropriate bathing suits – if you wear a bikini you need to bring a t-shirt or cover up for it), lots of sports and walking (comfortable sneakers and clothing), and usually lots of sun (sunblock if needed.)

**3. Be an active participant –** The Retreat is all about new experiences. Participating and jumping into things is the best way to have fun during the week and learn.

**4. Follow the schedule of the week –** The schedule helps keep everything running smoothly and helps you get the most out of the Retreat.

**5. Be respectful of others –** You’re going to meet people from all over Pennsylvania that may be different from you or your friends. It’s important to treat people how you want to be treated.

**6. Make the most out of the Retreat –** Be sure to get involved,meet new people, and try new things**.**

**7. Experience college life for the week –** The Retreat gives you a “test run” on college life. You’ll be living on campus, making friends with new roommates, and eating in the dining halls.

**8. Take care of your personal property –** You are responsible for your personal belongings. It’s best to not bring really expensive or important property with you for the week in case it gets lost or stolen.

**9. Follow guidelines set by staff for the week –** The staff are there to help you out and make sure the week is fun and rewarding for everyone.

**10. HAVE FUN!!!!!!!**